

# Darren Tay's Speech Gets Dissected

## Speech Transcript:

“Hey Loser, how do you like your new school uniform? I think it looks great on you.” Those were the words of my high school bully, Greg Umberfield.

Now if **you're** all wondering whether the underwear Greg used was clean, **I had the same question.**

Mr. Contest Chair, **fellow Toastmasters** and anyone, including those watching worldwide, if **you're** looking at Calvin Klein here, **stop staring!...My eyes are up here! (x2)**

**At age 14**, when I go to school, my high school bully Greg would stop me in my tracks during recess, and would tell me, I'm gonna so get you outside. **I'm gonna knock you in your teeth, punch you in the gut, and laugh at your sorry behind.**

Well, he didn't quite use the word “behind.” **I just cleaned it up because this is a Toastmasters program.**

**And ever wondered why bullies always felt the need to tell you the exact sequence they're gonna bully you? [Q]**

**My friends**, whenever I heard those words, my hand would tremble.

**Have you ever felt so fearful, that you could not eat or sleep? [Q]**

At age 16, **Greg was 6 ft. tall and weighed 240 lbs** of what **I can only presume to be biological insulation.**

I tried everything I could. I tried buying a cake for Greg, hoping he would stop. Only to have the cake on my face. I tried telling the teacher about it, only to have Greg torment me even more. I even tried taking up Taekwondo and Karate, only to break my wrist **while trying to hit a thin plank.**

**My friends**, just as I was about to give up, my aunt gave me words of wisdom. She said, “the way to deal with bullies is not to hide or run. The way to deal with bullies is to **outsmart and outlast.**”

It was like a lightbulb in my mind. It went BING. I can do that. And with whatever 14-year-old smart brain I had, I managed to **outsmart and outlast** Greg.

**I changed to a new school.**

**Several years later**, after my encounter with Greg, **I met a bigger bully. A better bully. A stronger bully.** [R3] [PD]

And this bully, no matter what I do, I could not get rid of it. This bully would echo negative words to me. Telling me I'm a loser. Telling me that I will never ever succeed.

My self-esteem would be so damaged that some days I would just want to lie in bed. Not wanting to get up. **Have you felt that way before?** [Q]

This bully knew my schedule so well and would stalk me 24/7. And I could not run away from this bully because this bully resides here. The bully is inside me.

**My friends**, as much as **we** try to deny it, **we** are our toughest and strongest bullies. **We** beat ourselves up, and put ourselves down.

**Have you ever felt that you are not good enough?** [Q]

I felt that way. At times **we're our** worst enemies. And at this point in time if **you** are wondering, **“How long is Darren going to have his underwear outside his pants?” [CB]**

This is the World Championships of Public Speaking grand finals, **isn't 5 minutes too long?”**

If **you** felt that 5 minutes was long, **how long have you been wearing your invisible underwear outside your pants? [Q]**

**How long have you permitted your inner bully to take charge of your life? [Q]**

5 minutes isn't long.

Now I remembered the inspiration, **Outsmart and Outlast**, but this time around **I could not change to a new neighborhood. I could not change a new brain, I could not run away. [R3]**

Something else must change and this was when there was **a turning point in my life.**

I met another Toastmaster. This Toastmaster uplifted me and changed my life forever. His name is **Greg UMBERFIELD.**

I met Greg, I was shocked to meet him at a Toastmasters meeting. Since when did a **Toastmasters logo change from “where leaders are made” to “where bullies are made”?** [Q]

Greg by the way is now a counselor, teaching teenagers to combat bullies. **Who knew?**

And this is what Greg told me, he said “the best way to deal with inner bullies is not to run or hide. **You** cannot run away from the bully here. The best way to deal with it is to stand firm. Face it and acknowledge its presence.’

When **you** do so, **you're** no longer identifying with it. **You** are stepping out and observing it.

It's like, instead of being out there in the storm, **you're** now in the house watching the storm. **Your** inner bully will weaken and fade.

I was thinking, "Wow, that's profound. **How come you didn't tell me when I was 14?" [CB]**

**My friends**, I'm standing **on stage now** before 2000 of **you** and many more watching worldwide, but I'm not afraid anymore.

I'm in control. Because I'm acknowledging it, I'm stepping out of it, observing it, and watching it weaken and fade.

**My friends**, let **us** all not run away from **our** inner bullies anymore. Let **us** all **face our inner bullies, acknowledge its presence, and fight.**[R3]

Let **us** all be vulnerable together, as a family supporting one another. Because **we** can all **Outsmart and OUTLAST.**

Mr. Toastmaster.

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**Word Count: 878** - (877 if you don't count a word that the audience completed for him)

**Speech Length: 7:21**

**Title: Outsmart; Outlast** - (Alliteration - short and sweet. I like it)

## COLOR KEY:

- **Humor - x 13**

I included only parts that received genuine laughter from the audience. The extent of laughter varies, though.

- **Foundational Phrase [FP] - x 5**

Including the [TITLE](#) when he was introduced. Darren didn't say it until @2:40 of speech.

- **“You”; “Your”; “We”; “Us”; “Our” - x 33**

I included these words that were directly aimed at the audience, dialogue excluded.

- **“My friends” [MF] - x 5**

6 if you include official Toastmasters greeting. Now, this may sound inconsequential, but I assure you it's not. The winner of the [2014 World Champion, Dananjaya Heteriachichi](#), used the same technique, only he used “Ladies and Gentlemen” throughout the speech.

- **Physical Descriptions [PD] - x 2**

Physical descriptions of people and locations rather than metaphorical.

- **Call-backs [CB] - x 3**

Humorous and other. Most of humorous moments were call-backs to SOMETHING or SOMEONE from the speech journey. Foundational phrases after the first one are essentially [callbacks](#) as well.

- **Rule of Three [R3] - x 4**

In this case, the [rule of three](#) was all inclusive. Whether used to make a joke or not.

- **Questions [Q] - x 7**

Questions directly aimed at audience (rhetorical or not). I did not include questions in-character dialogue.

- **Time Transitions [TT] - x 4**

I included transitions/transition words that indicated that time has gone by and that the story had moved forward.

\*\*\* Initials were put at end of sentence if multiple elements were in the same sentence.